



Walking with Moms in Need

A Call to Action for Every Parish: Answering the Call to Serve Life

The Iowa bishops are encouraging parishes to participate in the United States Conference of Catholic Bishops (USCCB) initiative, *Walking with Moms in Need*. This project challenges every Catholic parish to map out the resources available in their local communities to assist pregnant women and parents of young children who are facing difficult circumstances. **You can add your parish to the map at walkingwithmomsiowa.com!**

WHY SHOULD YOUR PARISH PARTICIPATE?

- **Be ready when someone asks for help:** Become a place where mothers in crisis pregnancies or those struggling with young children can turn to find the spiritual, material, and emotional support they desperately need. Accompaniment is an essential part of the “Walking with Moms in Need” initiative. Although parishes begin by identifying resources, they can go further by recruiting volunteer “companions” to answer phone calls, texts, or emails, and, when necessary, accompany mothers in need.
- **Live the Gospel of Life:** Participation directly affirms the Church's commitment to the dignity of every human life. Your parish can connect families to resources like:
 - Housing and shelter
 - Pregnancy support centers
 - Material aid (diapers, clothing, etc.)
 - Catholic Charities and community partners
- **Engage parishioners in concrete service:** A simple, parish-wide way to serve our call to respect and keep the sanctity of life and build a reliable pathway of care for moms in need.

HOW TO BEGIN: 3 Simple Steps

1. **PRAY:** Dedicate time to pray for the mothers and children in your community.
2. **ASSESS:** Recruit 2-4 parishioners to inventory the existing resources in your local area.
3. **CONNECT:** Contact us to receive a one-page flyer with specific guidance so you can start to establish your local network of support.

Goal: Please complete your parish map within the next 45 days.

*Are you ready to make a profound difference in the life
of a mother and her child?*

For More Information & To Get Started
Visit walkingwithmomsiowa.com and **contact:**

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Or
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